



Hong Kong Master Rope Skipping Open Tournament 2024

Notice

Part A: Basic Information

Date: 17-3-2024 (Sun)
 Venue: Plaza Hollywood (3 Lung Poon Street, Diamond Hill, Kowloon, Wong Tai Sin)
 Time 10:00 – 12:00 Open Division (Group A)
 12:00 – 14:10 Open Division (Group B)
 13:45 – 16:30 Open Division (Group C)
 13:45 – 21:00 Challenge Division

Open Division Group List:

5-Year-Old Group (2019 or after born)	12-Year-Old Group (2012 born)
6-Year-Old Group (2018 born)	13-Year-Old Group (2011 born)
7-Year-Old Group (2017 born)	14-Year-Old Group (2010 born)
8-Year-Old Group (2016 born)	15-Year-Old Group (2009 born)
9-Year-Old Group (2015 born)	16-Year-Old Group (2008 born)
10-Year-Old Group (2014 born)	17-Year-Old Group (2007 born)
11-Year-Old Group (2013 born)	18-Year-Old or above Group (2006 or before born)

- Yellow Box: Open Division (Group A)
- Green Box: Open Division (Group B)
- Red Box: Open Division (Group C)

Part B: Tournament Schedule

Time	Event	Division
10:00 – 10:30	Registration and Warm Up	Open Division (Group A)
10:30 – 11:04	30s and 2mins Speed Event	
11:04 – 11:23	45s Compulsory Freestyle	
11:23 – 12:00	Overall Prize Ceremony	
12:00 – 12:30	Registration and Warm Up	Open Division (Group B)
12:30 – 13:10	30s and 2mins Speed Event	
13:10 – 13:35	45s Compulsory Freestyle	
13:35 – 14:10	Overall Prize Ceremony	
13:45 – 14:30	Registration and Warm Up	Open Division (Group C) & Challenge Division
14:30 – 15:40	30s and 2mins Speed Event	
15:40 – 16:00	45s Compulsory Freestyle	
16:00 – 19:10	45-60s Freestyle Performance	
19:10 – 21:00	Freestyle Battle	



Part C: Registration

- All participants must arrive and register according to the schedule above.
- All participants must show their Identity document (HKID / Certificate of Birth / Passport) for verification, either hardcopy or softcopy are accepted, otherwise, participants may not be allowed to participant.

Part D: Competition Rundown

- Marshal
 - Rundown: Refer to e-Marshal board -> Go to Marshal counter -> Enter competition floor
 - There is an e-Marshal board on the Stage, it will display the number of hits who need to assemble in the Marshal Counter, for example "05-08" means hit 05 to hit 08 need to assemble in the Marshal Counter.
 - Participants must go to Marshal counter before entering competition floor.
 - During marshalling, participants must show their Identity document (HKID / Certificate of Birth / Passport) for verification, either hardcopy or softcopy are accepted, otherwise, participants may not be allowed to participant.
- During Competition
 - Participants must show their Identity document (HKID / Certificate of Birth / Passport) for verification, either hardcopy or softcopy are accepted, otherwise, participants may not be allowed to participant.
 - Max 1 coach / teacher / parent is allowed to accompany each athletes in the competition court.
 - Competition will run according to the schedule rundown, competition time will be according to the exact real competition time, estimation time might be different.
- Result Announcement
 - All Results will be publish in our App, please download it at <http://app.hkrsa.asia> before the event or seek help from our helpers.
- Medals Award
 - Award Area will be in the Event Area, please get your individual medal awards at Award Area.
 - Please tell your Award No. to our staff when getting any awards to speed up the process.

得獎編號	項目	地區	性別	出生年份	學生姓名	排名	成績	學校	組別
B0083	單車步	九龍東區	男	2013	陳大文	1	60	XXXX小學	高級
B0084	單車步	九龍東區	男	2013	張小明	2	42	XXXX小學	高級
B0085	單車步	九龍東區	男	2013	李大輝	3	38	XXXX小學	高級

Part E: Awards

- Finisher medal will be awarded to participants who finished 3 events. (Freestyle Battle is not included)
- Medal will be awarded to 1st - 4th place of single event in each group.
- Medal will be awarded to 1st – 4th place of overall result in each group. (Overall result determined by the sum of rank from all events, the lowest rank score will be the winner)
- Champion of Freestyle Battle will be awarded a trophy and \$500 cash will be awarded to the champion of 16-Year-Old or above Group.



- Same score leads to the same rank.
- If same overall score, overall result will determine by event rank under the following sequence: Compulsory Freestyle/Freestyle Performance > 30s Speed-Sprint/30s Two Feet Front Jump > 2mins Speed-Endurance/30s Two Feet Back Jump
- If certificate is needed, each certificate charged \$50 administrative fee (only one event can be printed on one certificate).
- Individual awards can be redeem in Award Area.

Part F: Certificates and Personal Trophy

- All athletes will get a Participation Certificate.
- Cert Printing Area is in the Event Area, if athletes need to print individual certificates, HK\$50 each. Each certificate will only list 1 event, you are allowed to print with any ranking except 0. Please tell the staff about your Award No. for faster printing process.
- You are allowed to order Overall Personal Trophy, which include your name and overall result. Please refer to Cert Printing Area for ordering.

Part G: Rules

- General Rules
 - The results or scores of 30s Two Feet Front Jump, 30s Two Feet Back Jump, 30s speed – Spirit, 2min Speed – Endurance and Compulsory Freestyle are counted by judges from Hong Kong Rope Skipping Academy.
 - Coaches from various clubs will be invited as Guest judges for judging Freestyle Performance and Freestyle Battle.
 - The skipper(s) must remain still with no body or rope movement before the BEEP sound or the words “You May Begin” have been completely called out. Any movement before the announcement of these words has been completed or before the start of the BEEP sound constitutes a false start. If a false start is detected, the judges will not stop the skippers but a 5-point deduction from the skipper’s raw score (capable in both speed events and compulsory freestyle).
 - If the judge mentions “TIME OUT”, it represents rules violation. Score will not be counted until correcting the violation condition.
- Starting
 - Events begin with the words, “Judges ready? Skippers ready? Set” followed by a short BEEP / You may begin. If there is false start, competition keeps continue.
- Finishing
 - Event finishes with “BEEP” sound.
- This competition do not accept any appeals. Final result will be scored by our qualified judges, and we have the final decision making rights.

主辦



Hong Kong Rope Skipping Academy™

香港專業花式跳繩學校

支持機構



Part H: Others

- Weather Condition
 - If Hong Kong Observatory issues or consider issuing “Tropical Cyclone No.8 or above” or “Black Rainstorm Signal” two hours before the commencement of tournament, the date tournament will be postponed and announced later.
 - Competition continues in acceptable weather condition (eg. Yellow Amber Rainstorm Signal), please refer to our latest news at our Facebook / App / Website.
 - Latest news will be publish in our Facebook / App / Website (www.fb.me/hkrsa.asia / www.hkrsa.asia)
- Competition area will be at least 3m x 3m.
- **Hong Kong Rope Skipping Academy has the final decision making rights.**

Address: Office N, 17/F, Kings Wing Plaza 1, 3 On Kwan Street, Shek Mun, Shatin, New Territories

W: <http://www.hkrsa.asia>

E: hkrsa.asia@gmail.com

T: 9444 4277 / 9813 6367

F: 3013 9833